

DERBY GP SPECIALTY TRAINING PROGRAMME

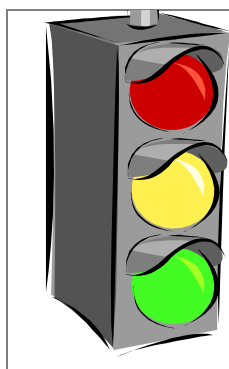
OUT OF HOURS INFORMATION FOR GPSTRs

During ALL of your GP posts you will need to do Out of Hours work. The Out of Hours Provider for Derbyshire (DHU) is detailed below.

In your **1st Year** you will need to attend theoretical sessions with the rest of your GP group at DHU. These sessions will be out of your normal surgery times. The GP Training Office will inform you of the dates when they have been arranged. You will then need to book normal OOH sessions with DHU based on your GP Trainer's advice and the "traffic light" system below.

In your **2nd & 3rd Years** you will need to book normal OOH sessions with DHU based on your GP Trainer's advice and the following "traffic light" system.

The GP Training Office will ask you to complete an OOH monitoring / log sheet at the end of each 4-month post.



Direct Supervision:

The GPSTR is supervised directly by the clinical supervisor and takes no clinical responsibility

Close Supervision:

The GPSTR consults independently but with the Clinical Supervisor close at hand (i.e. in the same building)

Remote Supervision:

The GPSTR consults independently and remotely from the Clinical Supervisor who is available by telephone. An example would be a session "in the car" supervised by another GP "at base".

Out of Hours Provider: Derbyshire Health United Limited (DHU)
105 Duffield Road
Derby DE22 1AE
Tel: 01332 545660

Contacts: Adam Reynolds, Rota Manager, 01332 223601
Email: Adam.Reynolds@derbyshirehealthunited.nhs.uk
Lesley Harris, (for theoretical sessions), 01332 550818
Email: Lesley.Harris@derbyshirehealthunited.nhs.uk
(Also have offices in Chesterfield where sessions may be booked)

Minimum Requirements: 24 hours of OOH sessions per 4 month GP training post.
(eg. 4 sessions of 6 hours or 6 sessions of 4 hours, etc)
72 hours of OOH sessions per 12 month GP training post.
(eg. 12 sessions of 6 hours or 18 sessions of 4 hours, etc)

IMPORTANT: All OOH must be completed at least two months before completion of training.

Please ensure that you read the following documents which can be found through the link to the East Midlands Deanery website and in the **Out of Hours** section on the **Derby GP Training Website**.

- COGPED OOH Position Paper 2007
- Appendix 1 – GP Training in OOH Care Clinical & Educational Governance
- Appendix 2 – QA of Training Monitoring Template Form
- Record of OOH Sessions Worksheet
- Honorary Contract
- OOH Monitoring / Log Sheet